

Ebola Update: 7 November 2014

- Texas, United States has reached the 21-day incubation limit without any new Ebola cases from persons who may have been exposed to the virus. This effectively ends the outbreak in Texas.
- One person in Iowa, United States is under quarantine and will be closely monitored. They were among 13 travelers in Iowa who have recently returned from Sierra Leone, Liberia or Guinea. The one individual was deemed to have some risk of exposure to Ebola while the others have been determined to be low risk. The 12 other travelers are required to self-monitor and report their health status to public health officials.
- The UN's Ebola chief, Dr. David Nabarro, has expressed optimism that the outbreak could end in 2015, based on the extraordinary global response made over the past month. Nabarro indicated there are now five times the number of treatment beds in the three affected countries than there were two months ago.

Clinics and Facilities Status in Affected Areas

Healix is in direct communication with those medical facilities that are still operating in the impacted regions. Please contact Healix directly for further information on the readiness of medical facilities in these areas.

Country Travel Advice Status

Sierra Leone: Warning Level 3 - Healix Recommend "Avoid Non-Essential Travel"
 Guinea: Warning Level 3 - Healix Recommend "Avoid Non-Essential Travel"
 Liberia: Warning Level 3 - Healix Recommend "Avoid Non-Essential Travel"
 DRC: Alert Level 2 - Healix Recommend "Practice Enhanced Precautions"
 Nigeria: Alert Level 1 - Healix Recommend "Practice Usual Precautions"

Other African Nations Unaffected by Ebola

Healix recommend that travelers take usual precautions with vaccinations and travel arrangements but should be familiar with [Ebola Precautions if Traveling to Africa](#).

Ebola Infection Table by Country (based on WHO and CDC reporting, updated as of 5 November):

Country	Suspected and Confirmed Case Count	Suspected and Confirmed Deaths	Laboratory Confirmed Case Count
Sierra Leone	4759	1070	4057
Liberia	6525	2413	2451
Guinea	1731	1041	1457
Nigeria	20	8	19
Spain	1	0	1
United States	4	1	4
Senegal	1	0	1
Spain*	2	2	2
United States*	5	0	5
Saudi Arabia*	0	1	0
Germany*	3	2	3
United Kingdom*	1	0	1
France*	2	0	2
Norway*	1	0	1
Mali*	1	1	1
DRC**	68	49	38
Total	13,124	4,588	8,043

*Persons repatriated to these countries from affected countries

**The Democratic Republic of Congo (DRC) outbreak is unrelated to the epidemic in West Africa